

## **-Press Release-**

### **NSS Unit of Govt. Degree College, Dharmari Organized Health Check-up Camp**

**Dharmari, May, 04:** On the initiative of the College Principal Dr. Preetpal Kour, National Service Scheme (NSS) Unit of Government Degree College, Dharmari organized a health check-up camp in collaboration with Primay Health Cenre, Dharmari for the volunteers and students of the college in which more than 60 students have participated. The day started with an Awareness Lecture on general health which was presented by Medical Officer Dr. Verender Gupta. In his lecture, Dr. Gupta stressed on physical and mental health parameters, increasing stress and depression among students as well as the increasing threats of drug addiction and the measures to reduce the health risks. Later, the Principal of the college Dr. Preetpal Kour also interacted with the students and appealed them to be awared about their health. She also made the students aware about the increasing threats of drugs and the various measures taken by the government to reduce the same. After the awareness lecture, the general physical parameters like height, weight, BP, Pulse were evaluated by the medical team comprised Dr. Verender Gupta (Medical Officer), Smt. Naseem (FMPHW), Smt. Tahira (HA) and Sh. Bhikam Singh ((MTS). The team also used the Anti-drug kits issued by the district administration to identify the intakers of narcotics and psychotropic substances but all the samples resulted negative. The whole Program was organized under the guidance of the college Principal Dr. Preetpal Kour and supervision of NSS Program Officer, Prof. Ajay Kumar. Other staff members present on the ocassion includes Dr. Shabeer Ahmed Taing, Dr. Saleem Ahmed, Prof. Balbir Kumar, Prof. Mohinder Kumar, Prof. Balwinder, Prof. Manzoor, Prof. Samiti, Prof. Tinu Bala etc.







